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# Optimizing dosing strategies for post-kala-azar dermal leishmaniasis: a geographical comparison of systemic and skin pharmacokinetics and pharmacodynamics of antileishmanial drugs

Wendy Chu <sup>1,2</sup>, Fabiana Alves <sup>3</sup>, Alwin Huitema <sup>2,4,5</sup>, Thomas Dorlo <sup>1,2</sup>



1. Uppsala University, Uppsala, Sweden
2. Netherlands Cancer Institute, Amsterdam, the Netherlands
3. Drugs for Neglected Diseases initiative (DNDi), Geneva, Switzerland
4. Princess Máxima Center for Pediatric Oncology, Utrecht, the Netherlands
5. University Medical Centre Utrecht, Utrecht, the Netherlands

## Leishmaniasis

- Neglected Tropical Disease
- Caused by *Leishmania* parasites
- Transmitted by infected female sandflies
- Affects the poorest populations of the world



> 1 million new cases / year  
> 6000 death / year

## Post-kala-azar dermal leishmaniasis (PKDL)

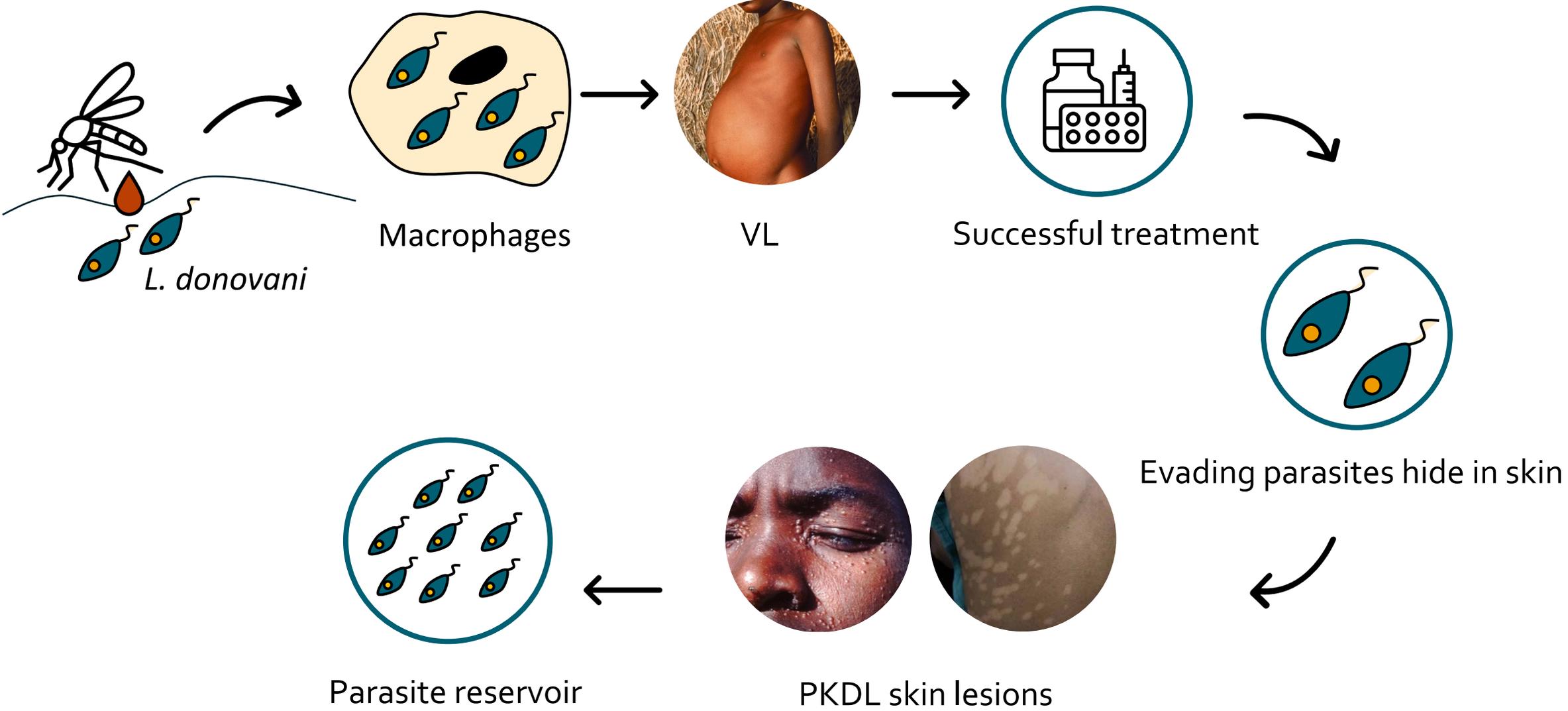
- Skin complication of Visceral Leishmaniasis (VL, kala-azar)
- Caused by *Leishmania donovani*
- Geographical distribution:

East Africa (Sudan)

South Asia (India, Bangladesh)



# Post-kala-azar dermal leishmaniasis (PKDL)



# PKDL in East Africa and South Asia

## East Africa

## South Asia

Frequency

50-60%

5-10%

Interval

0-6 months

2-3 years

Immunobiology

Immune reactivation

Chronic inflammatory

Spontaneous cure

Yes

No

Age distribution

Children

Children/Young adults

**Main lesion type**

**Papular lesion**

**Macular lesion**

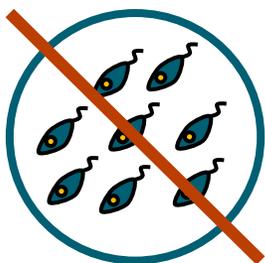


Small raised  
bumps



Flat discolored  
areas

# Why it is important to treat PKDL?



## Prevent disease (VL) transmission

Established transmission threshold: <sup>1</sup>

Skin parasite load < 416 parasites /μgDNA



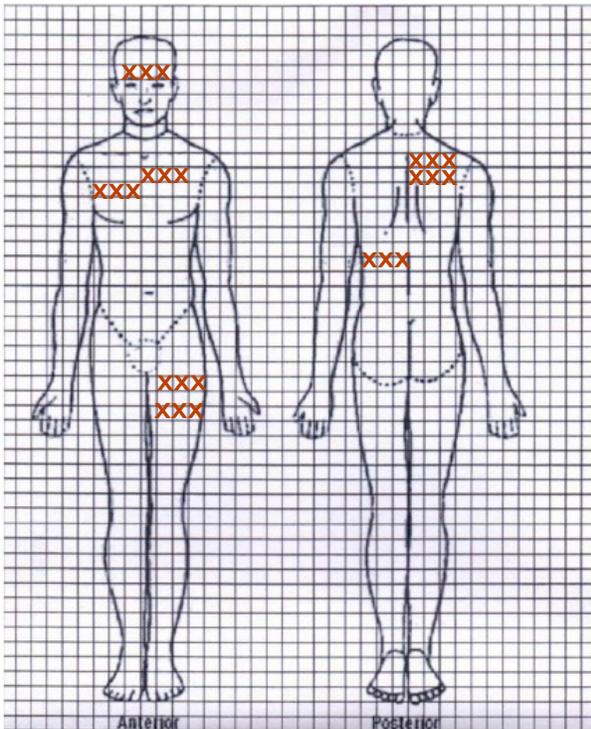
## Accelerate skin lesion healing

Quantitative efficacy endpoint:

$$\% \text{lesions healed} = \frac{\text{Lesion size}_{\text{baseline}} - \text{Lesion size}_{1\text{-year}}}{\text{Lesion size}_{\text{baseline}}}$$

# PKDL scoring system

- Semi-quantitative scoring system for lesion size assessment <sup>2</sup>
- Areas affected by skin lesions were plotted in squares
- Main lesion type (macular or papular) was defined



Example:

Visit	Lesion score	Lesion type
Screening	24	Papular
Day 30	12	Papular
Day 180	4	Papular
Day 365	0	No lesion

# Clinical trials and shortened regimens

East Africa

South Asia

Current  
Treatment

IM Sodium stibogluconate **2 months**

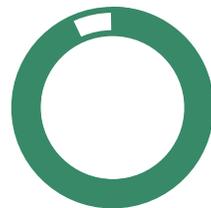
Oral Miltefosine **3 months**

Clinical  
Trial

 Liposomal Amphotericin B **7-day**  
Paromomycin **14-day**

+

 Miltefosine **28- or 42-day**



**95%**

cure rate at 1-year<sup>3</sup>  
(quantitative endpoint)

 Liposomal Amphotericin B **15-day**

+

 Miltefosine **21-day**



**30%**

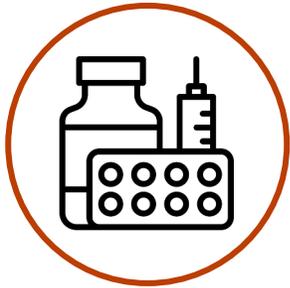
cure rate at 1-year<sup>4</sup>  
(quantitative endpoint)

3. Younis et al., PLoS Negl Trop Dis, 2023

4. Sundar et al., PLoS Negl Trop Dis, 2024 (accepted to be published)

# Aims

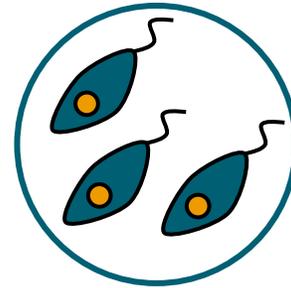
## 1 Geographical differences in?



**Systemic PK**



**Skin target site PK**



**Parasite clearance**



**Lesion healing**

## 2 Better treatment options for PKDL?

# Drug-Parasite-Host response model



## 1. Systemic PK

Plasma  
Miltefosine

Plasma  
Liposomal AmB

Plasma  
Paromomycin

## 2. Skin target site PK

Skin  
Miltefosine

Skin  
Liposomal AmB

Skin  
Paromomycin

## 3. Parasite clearance

Skin  
Parasite load

## 4. Lesion healing

Skin lesion  
(macular/papular)

# Demographics and disease manifestation

Demographics (median, [IQR])	East Africa (n=108) (NCT03399955)	South Asia (n=85) (CTRI/2017/04/008421)
Regimen (n patients)	LAmB 7-day + MF 28-day (n=54) PM 14-day + MF 42-day (n=54)	LAmB 15-day (n=30) LAmB 15-day + MF 21-day (n=55)
Country (n patients)	Sudan (n=108)	India (n=75), Bangladesh (n=10)
Age (years)	9 [7, 10]	24 [16, 38]
Weight (kg)	24 [19, 30]	47 [41, 55]
Main type of lesion	<b>Papular</b> 	<b>Macular</b> 

# Part 1&2: Systemic & skin target site PK



## 1. Systemic PK

Plasma  
Miltefosine

Plasma  
Liposomal AmB

Plasma  
Paromomycin

## 2. Skin target site PK

Skin  
Miltefosine

Skin  
Liposomal AmB

Skin  
Paromomycin

## 3. Parasite clearance

Skin  
Parasite load

## 4. Lesion healing

Skin lesion  
(macular/papular)

# Sampling and model development

Previously developed PK models



Plasma  
Miltefosine

Plasma  
Liposomal AmB

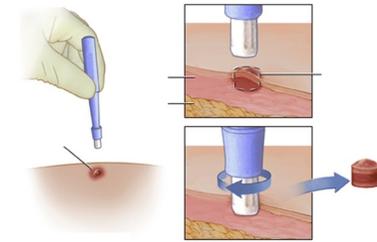
Plasma  
Paromomycin

$$\frac{dC_{skin}}{dt} = k_{p-s} \times (R_{s:p} \times C_{plasma} - C_{skin})$$

$k_{p-s}$  : Distribution rate to skin ( $h^{-1}$ )

$R_{s:p}$  : Skin to plasma ratio

1 or 2 skin biopsies were  
taken around last dose



Skin  
Miltefosine

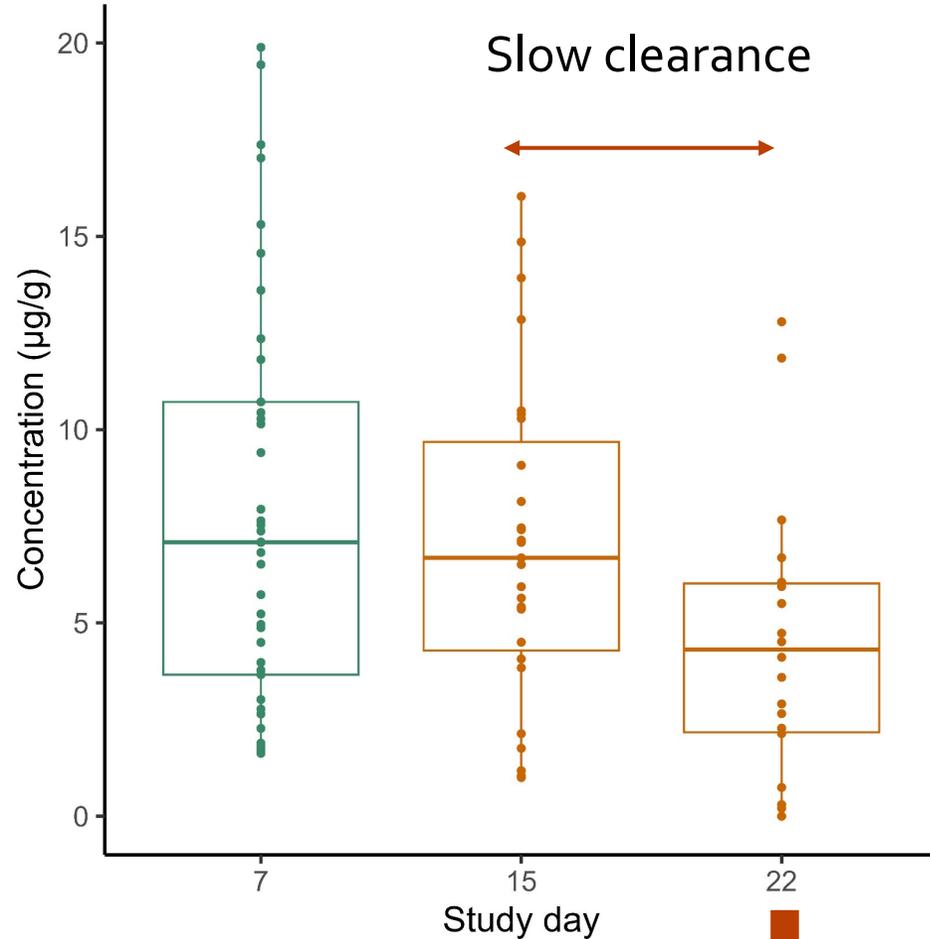
Skin  
Liposomal AmB

Skin  
Paromomycin

# Observation: skin concentrations

## Liposomal AmB

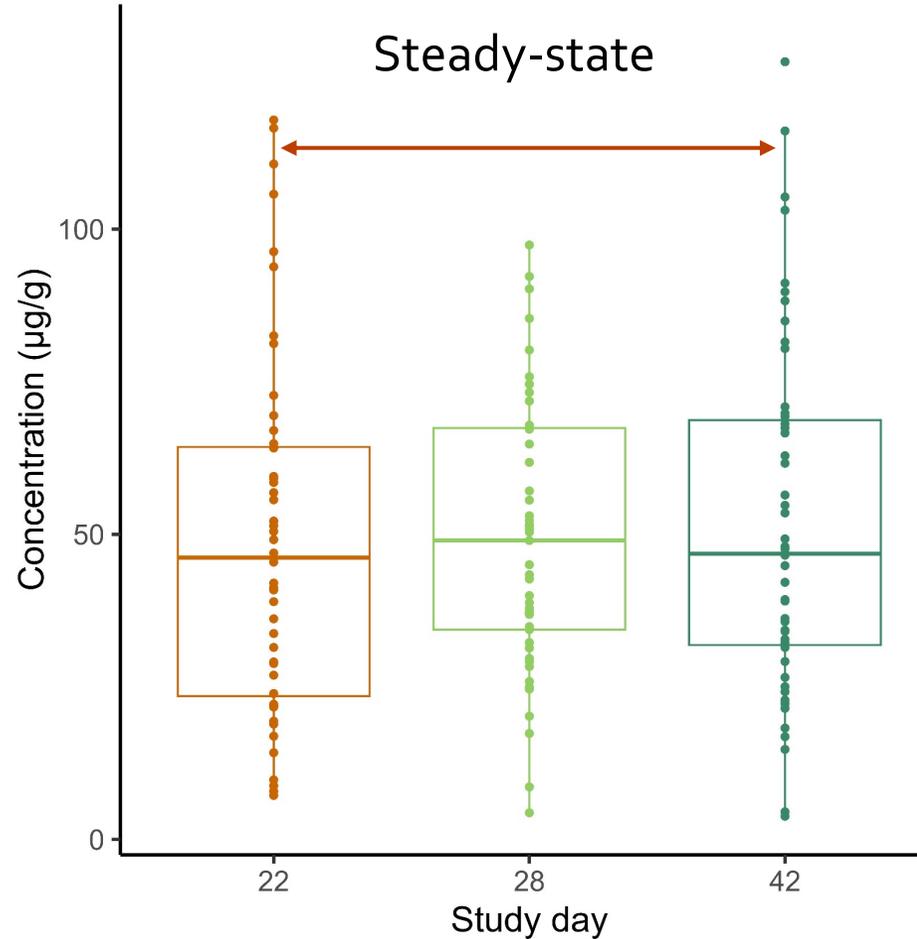
East Africa 7-day South Asia 15-day



A week after last dose

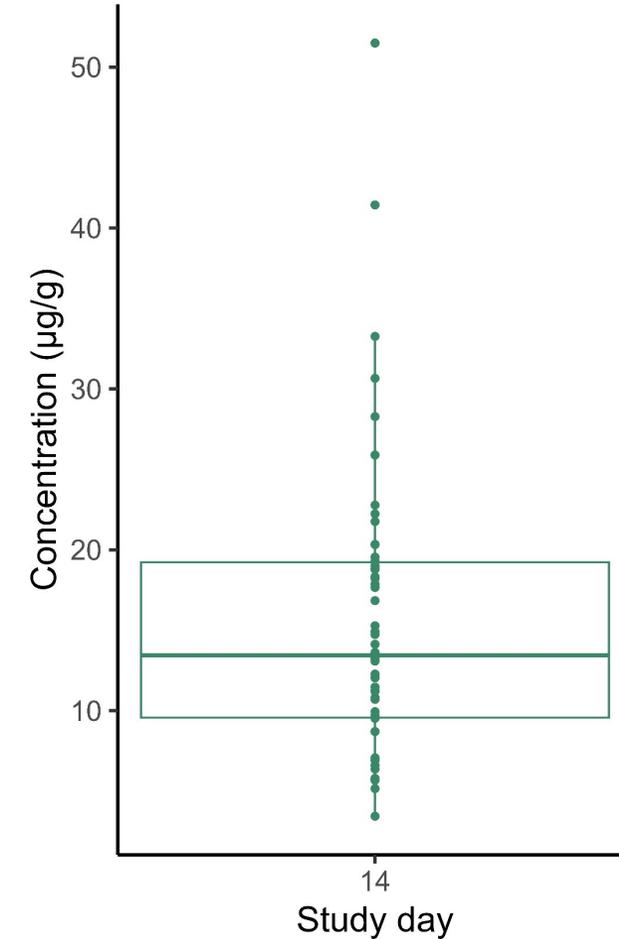
## Miltefosine

East Africa 28-day East Africa 42-day South Asia



## Paromomycin

East Africa 14-day



# PK in plasma and skin target site

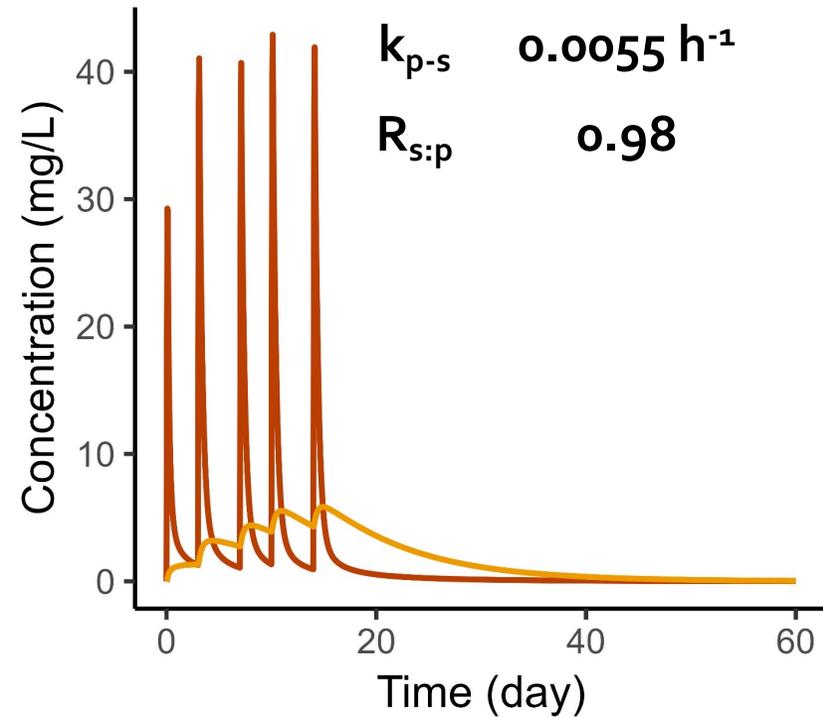
Simulation in a typical African patient receiving a 14-day treatment

*Distribution rate to skin ( $k_{p-s}$ )*  
*Skin to plasma ratio ( $R_{s:p}$ )*

- Plasma
- Skin

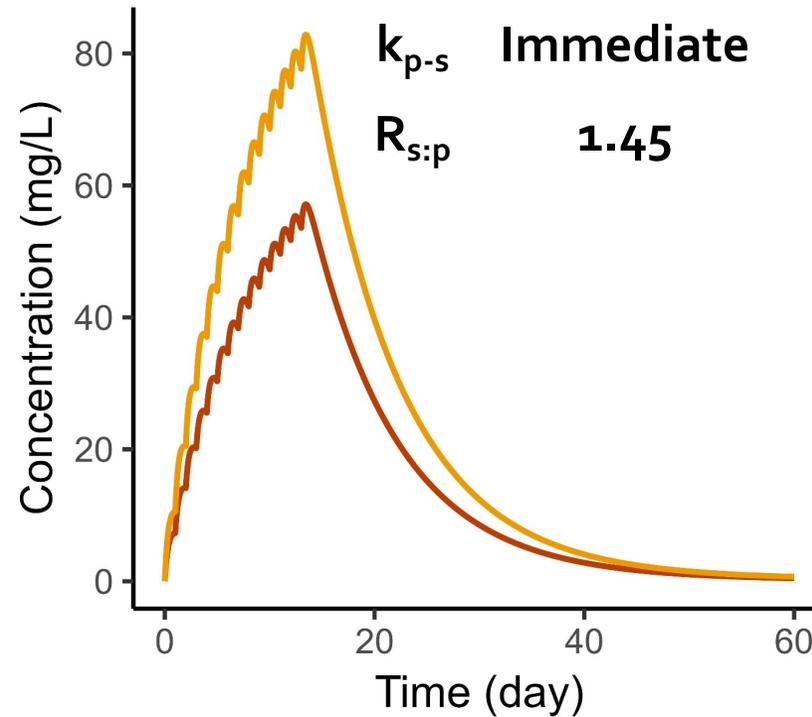
## Liposomal AmB

— Plasma — Skin



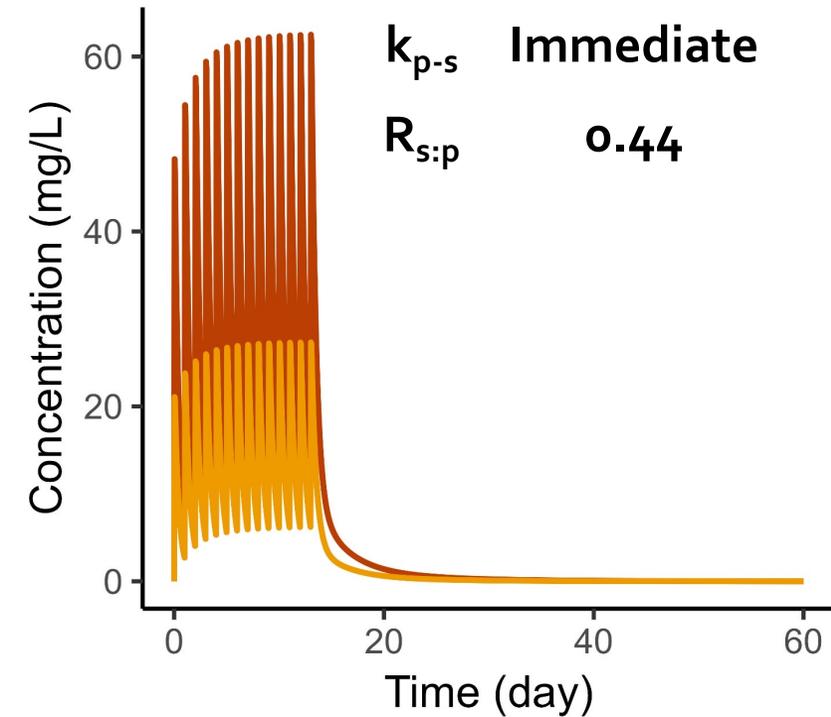
## Miltefosine

— Plasma — Skin



## Paromomycin

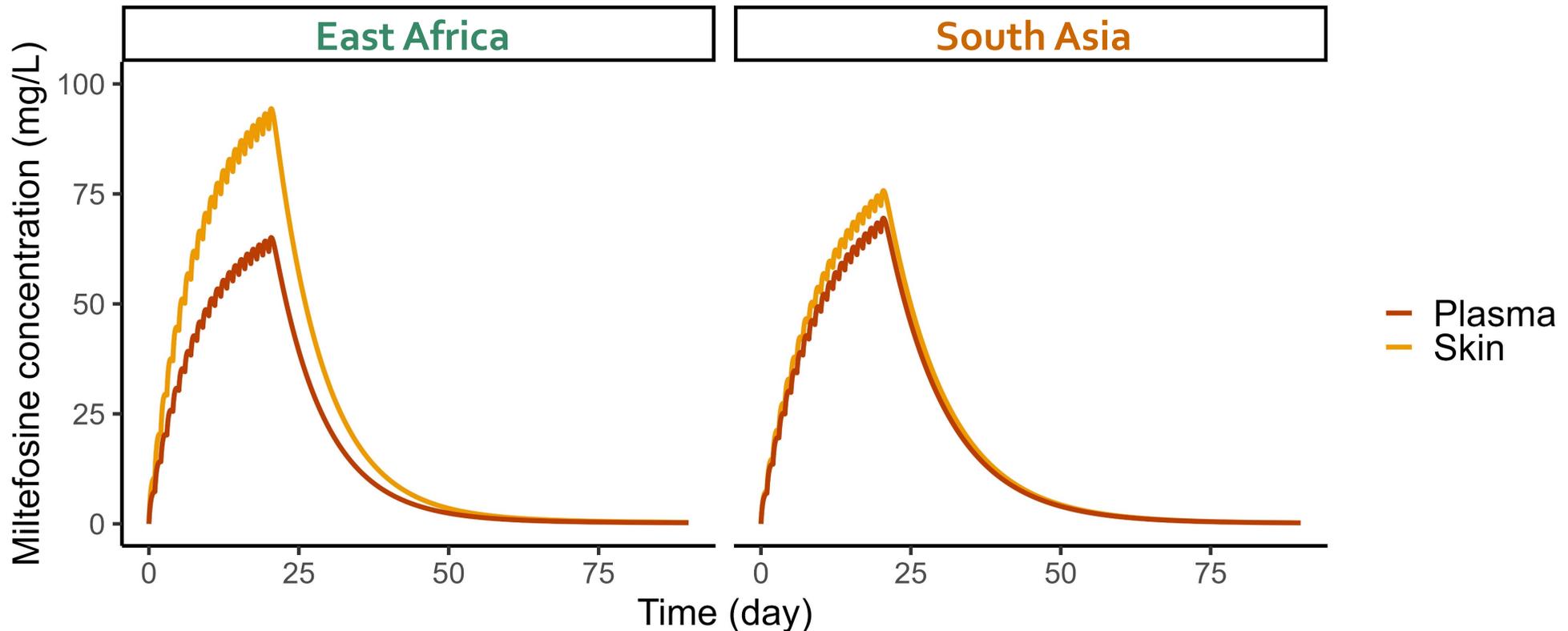
— Plasma — Skin



# Geographical differences in PK



PK parameter	East Africa	South Asia	P-value
Miltefosine relative oral bioavailability (F)	0.85	1	<0.01
Miltefosine skin to plasma ratio ( $R_{s:p}$ )	1.45	1.09	<0.01



# Part 3&4: Parasite load & skin lesion healing



## 1. Systemic PK

Plasma  
Miltefosine

Plasma  
Liposomal AmB

Plasma  
Paromomycin

## 2. Skin target site PK

Skin  
Miltefosine

Skin  
Liposomal AmB

Skin  
Paromomycin

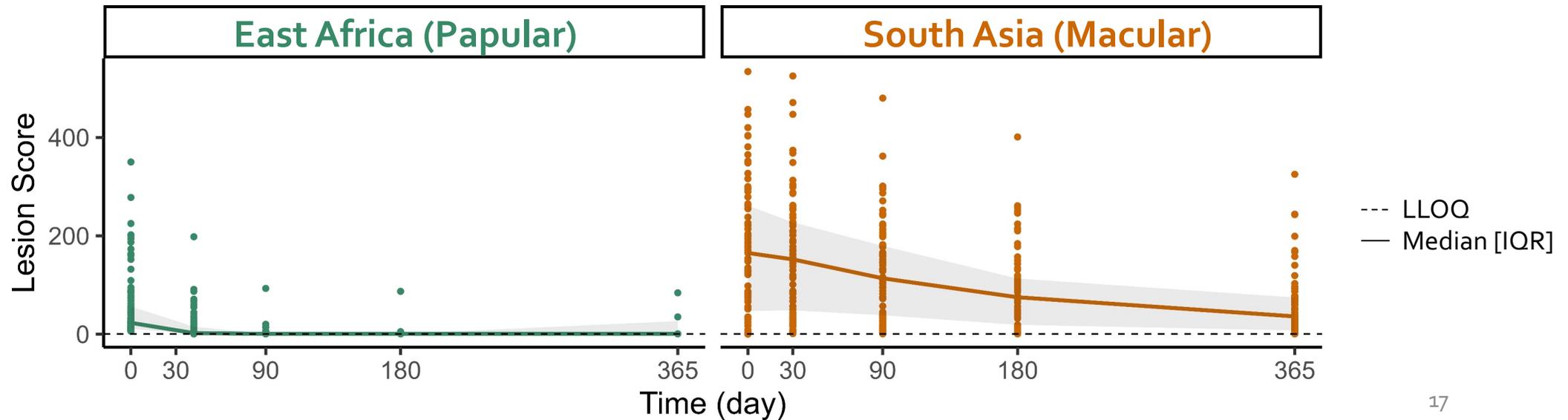
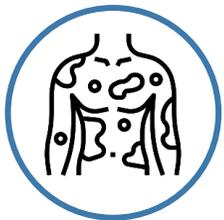
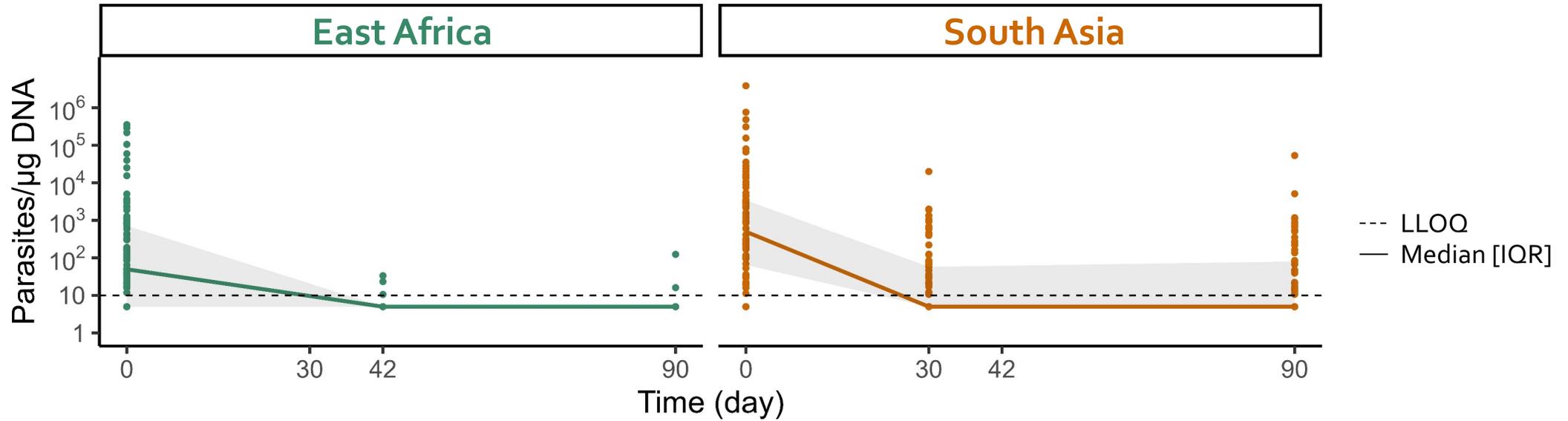
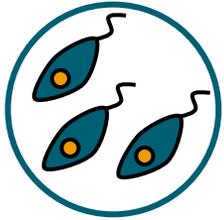
## 3. Parasite clearance

Skin  
Parasite load  
(qPCR)

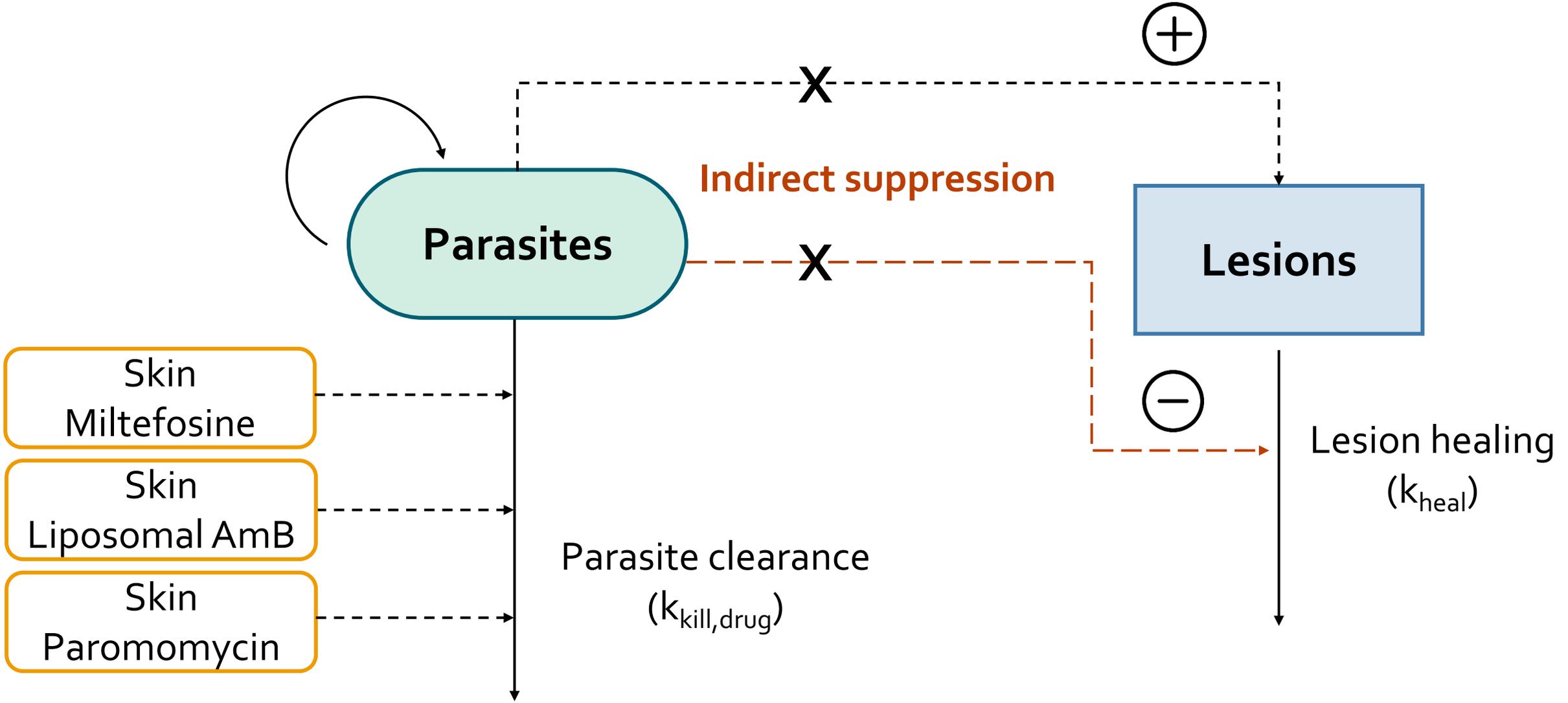
## 4. Lesion healing

Skin lesion  
(macular/papular)

# Observation: skin parasite load and lesion size



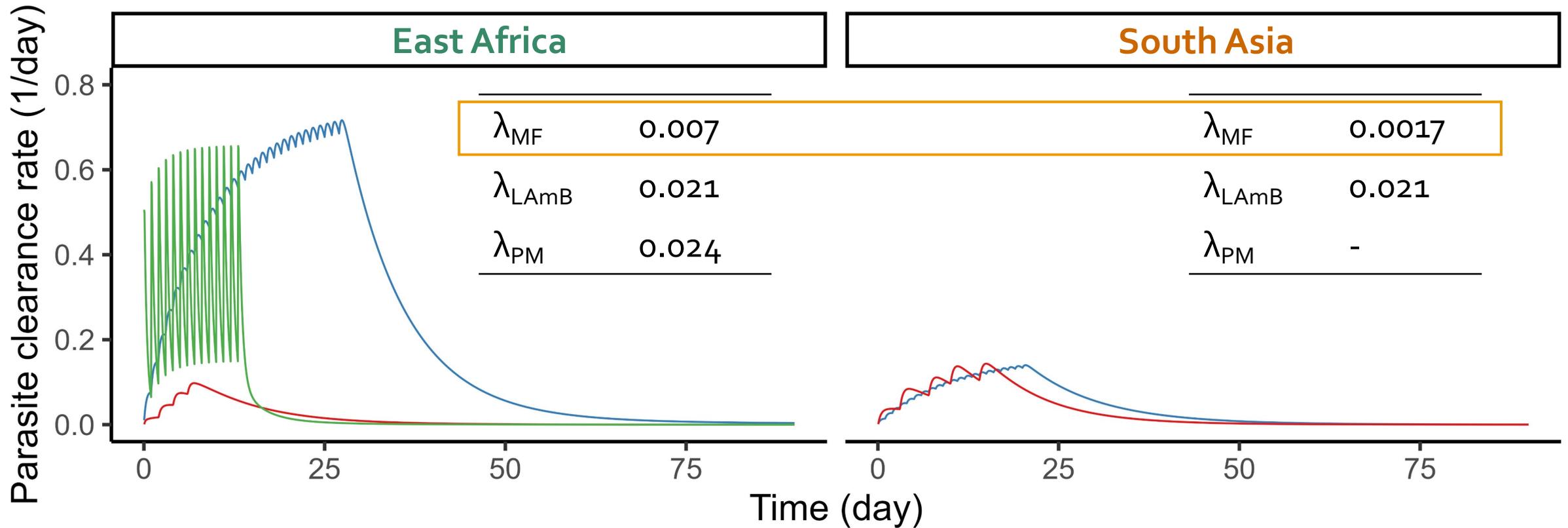
# Drug-Parasite-Host response model



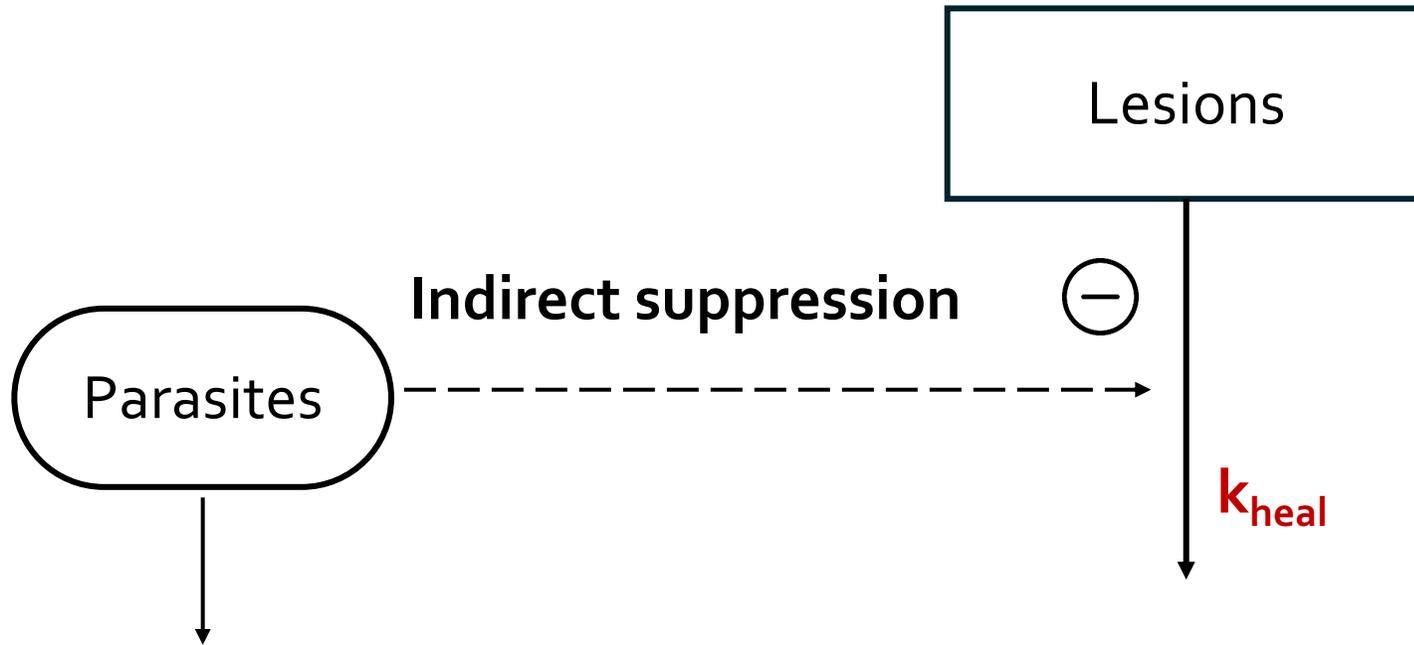
# Geographical differences in parasite clearance

$$\text{Parasite clearance (kill}_{\text{drug}}) = \lambda_{\text{LAmB}} * C_{\text{skin,LAmB}} + \lambda_{\text{MF}} * C_{\text{skin,MF}} + \lambda_{\text{PM}} * C_{\text{skin,PM}} \quad (\lambda = \text{L/mg*day})$$

Drug — Liposomal AmB — Miltefosine — Paromomycin



# Suppression of lesion healing by parasites

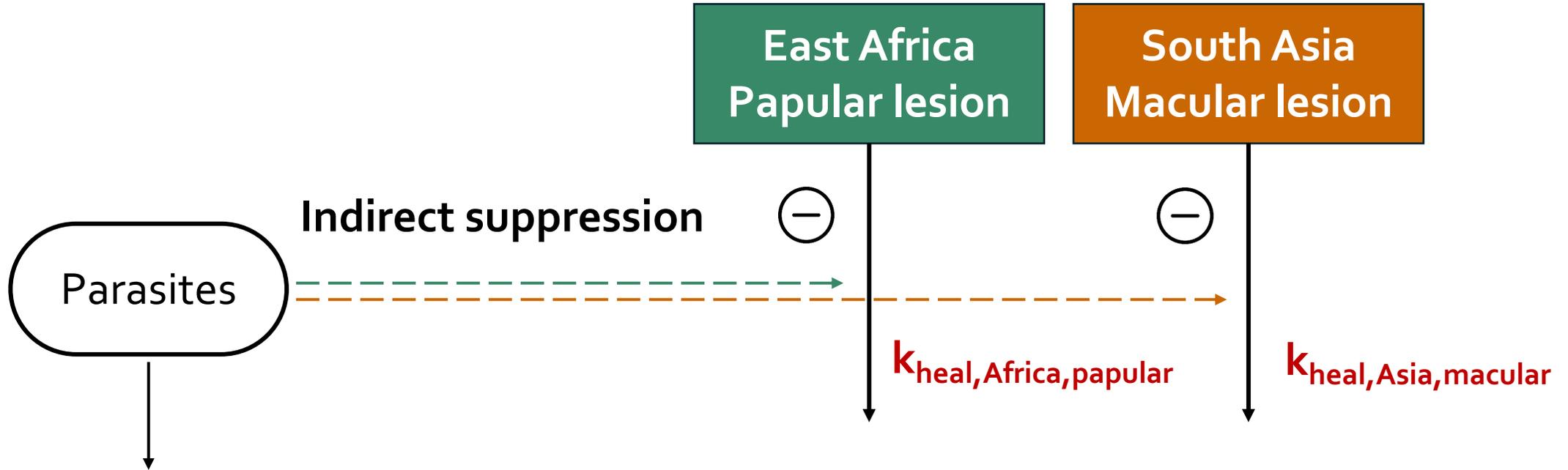


$$k_{heal} * \left(1 - \frac{I_{max} \times Parasite^{\gamma}}{IP_{50}^{\gamma} + Parasite^{\gamma}}\right)$$

$I_{max}$ : Maximal inhibition of 1

$IP_{50}$ : Parasite load achieving 50% inhibition

# Geographical differences in lesion healing



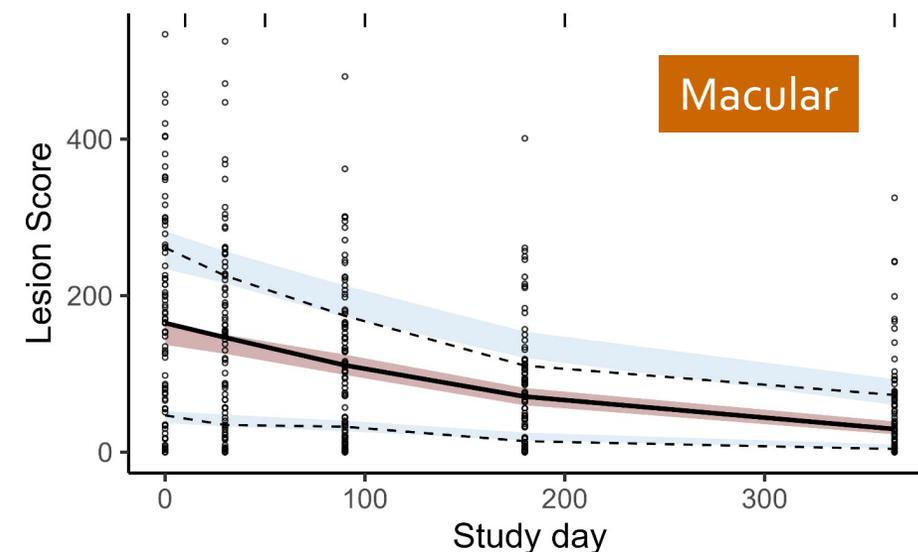
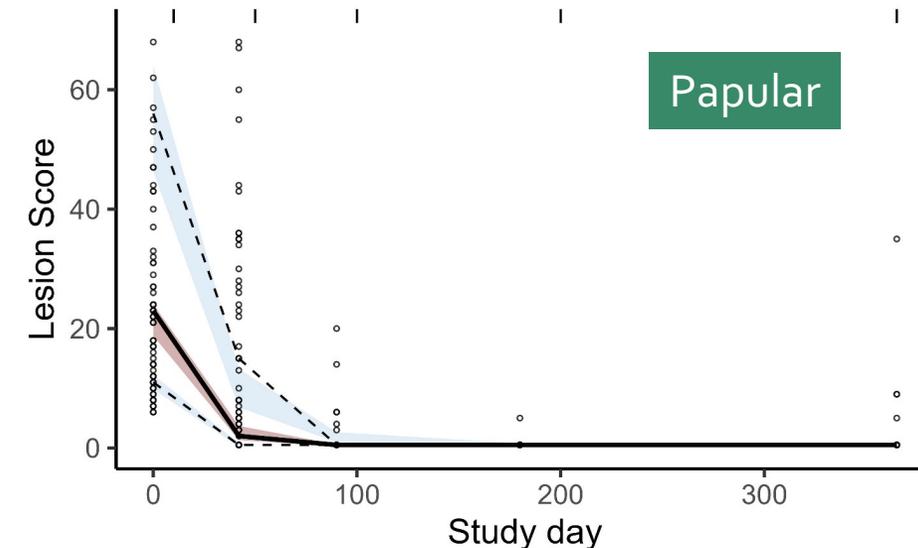
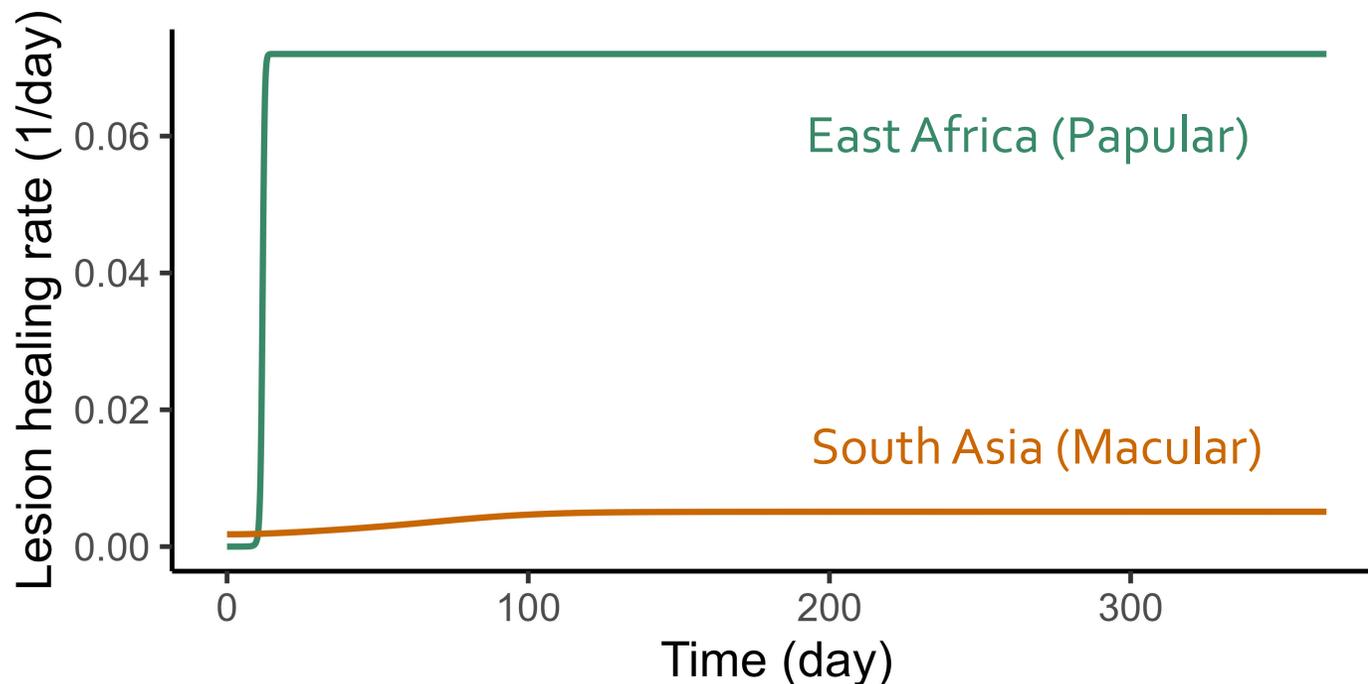
① Rate of lesion healing differs

$$k_{heal} * \left(1 - \frac{I_{max} \times Parasite^\gamma}{IP_{50}^\gamma + Parasite^\gamma}\right)$$

② Suppression of lesion healing by parasites differs

# Geographical differences in lesion healing

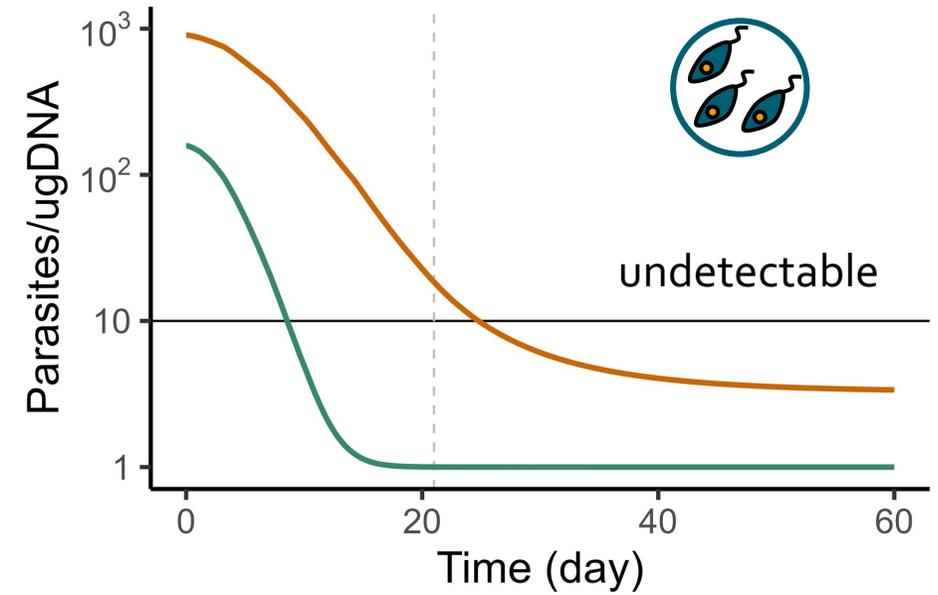
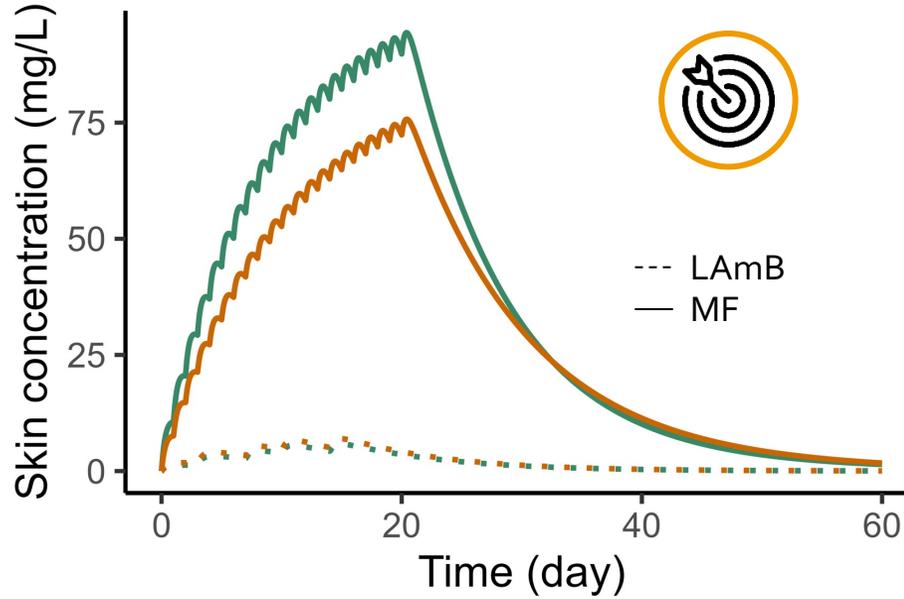
Estimate [RSE%]	East Africa (Papular)	BSV	South Asia (Macular)	BSV
Healing half-life by $k_{\text{heal}}$ (days)	<b>10</b> [15%]	73% [14%]	<b>120</b> [7%]	50% [14%]
IP <sub>50</sub> (p/μgDNA)	3	-	63	-
Hill coefficient (Y)	6	-	1.6	-
Mean transit time (days)	-	-	30	249%



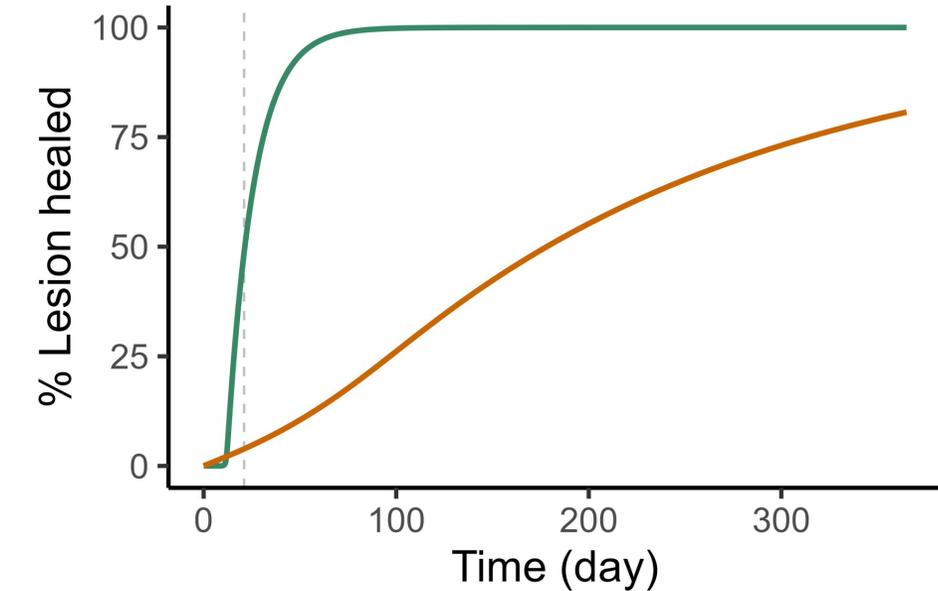
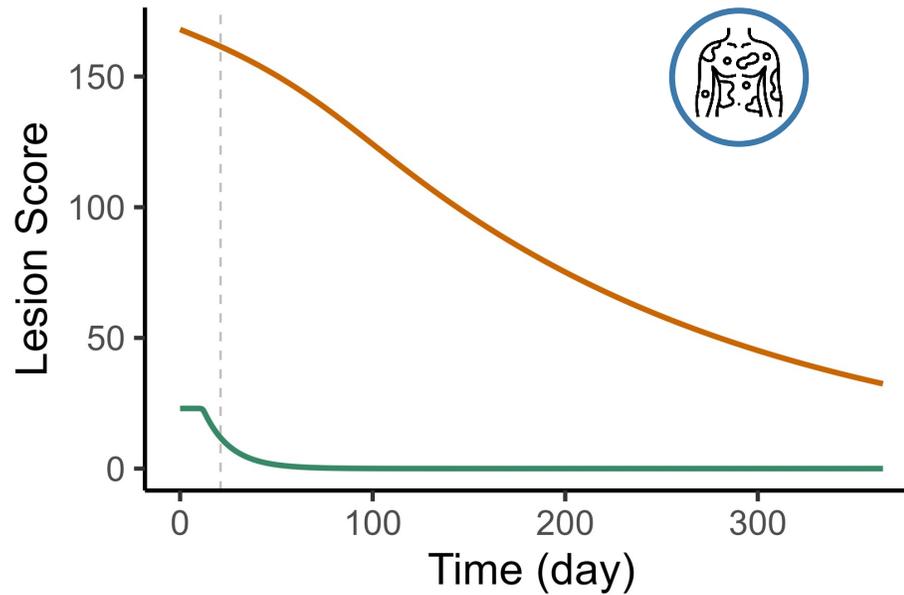
# Liposomal AmB 15-day + Miltefosine 21-day in typical patients



East Africa  
(Papular)

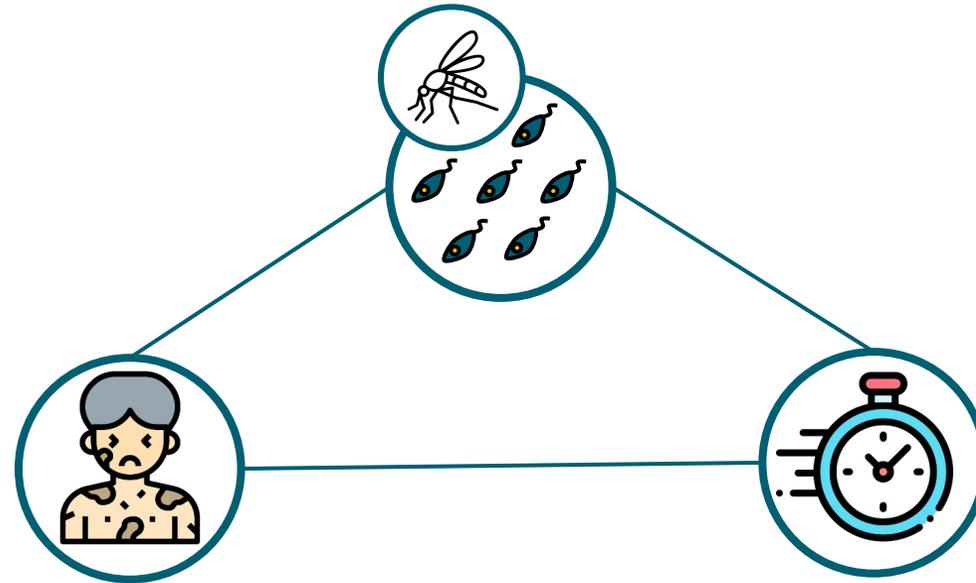


South Asia  
(Macular)



# Improve treatment of PKDL

- 1 Ensure parasite load below established transmission threshold <sup>1</sup>



- 2 Accelerate lesion healing

- 3 Shorten treatment duration

# Simulations of severe PKDL cases

South Asia (Macular)

East Africa (Papular)

Trial  
regimens



LAmB 15-day



MF 21-day



PM 14-day



MF 42-day

Simulated  
regimen 1



LAmB 15-day



MF 42-day



PM 14-day



MF 14-day

Simulated  
regimen 2



LAmB 15-day



MF 14-day



PM 7-day

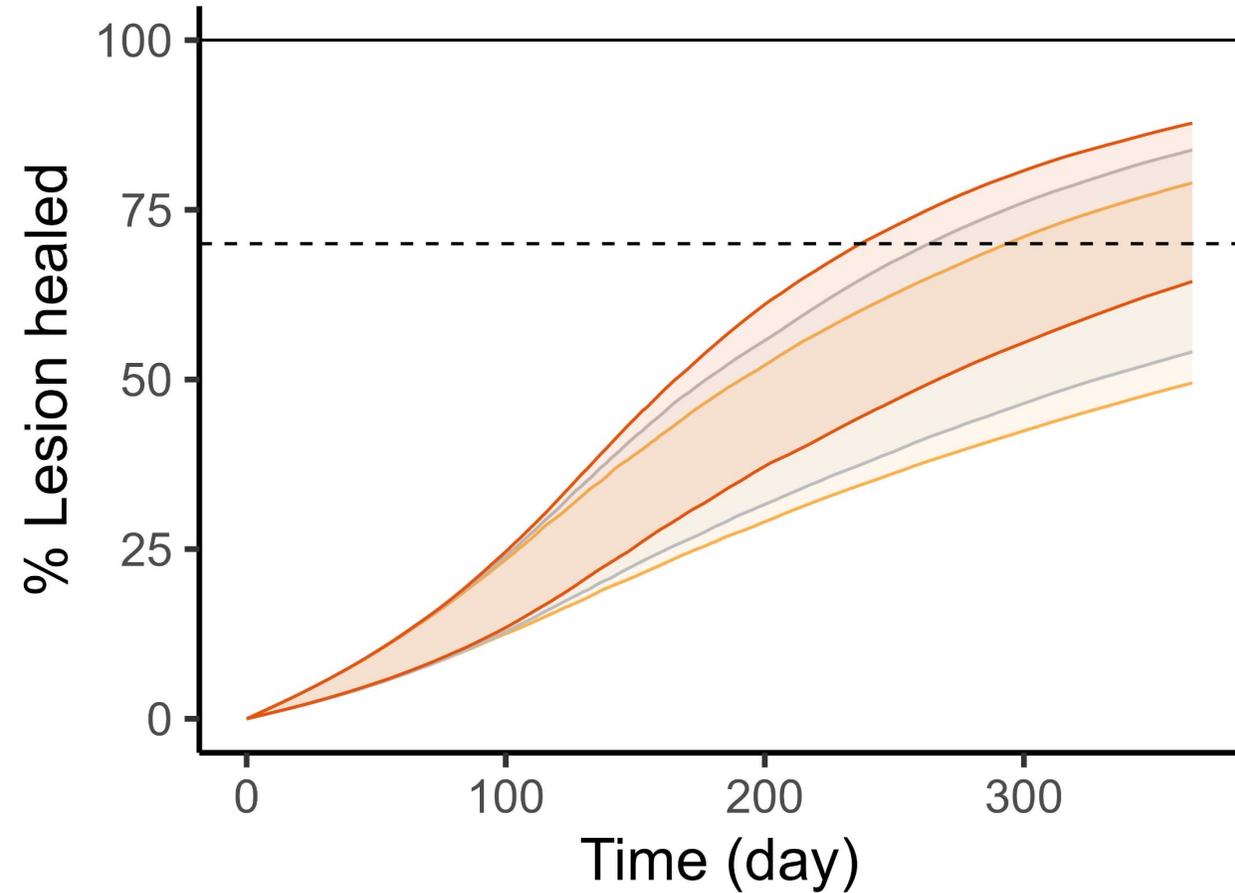
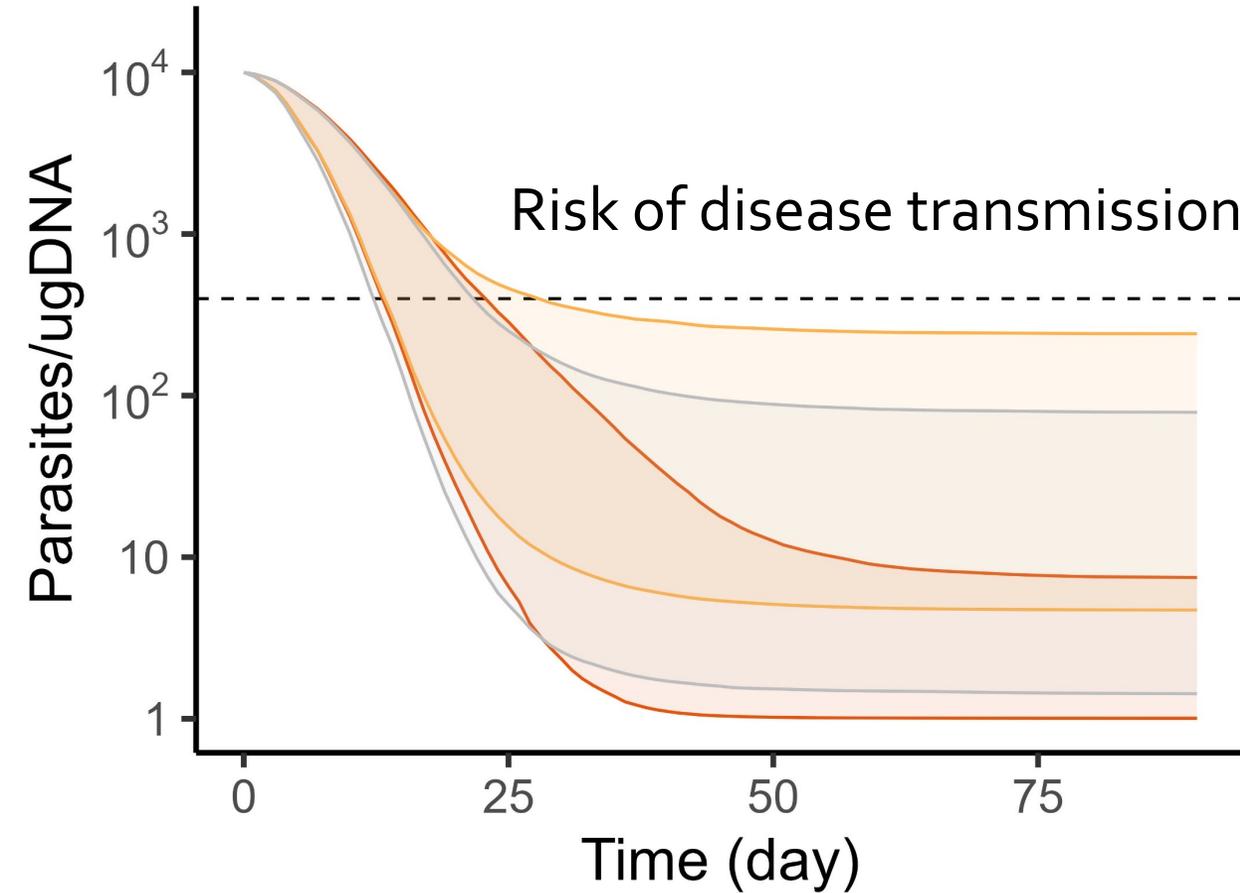


MF 7-day

# Simulation of a severe macular case in South Asia :

Size = 1000

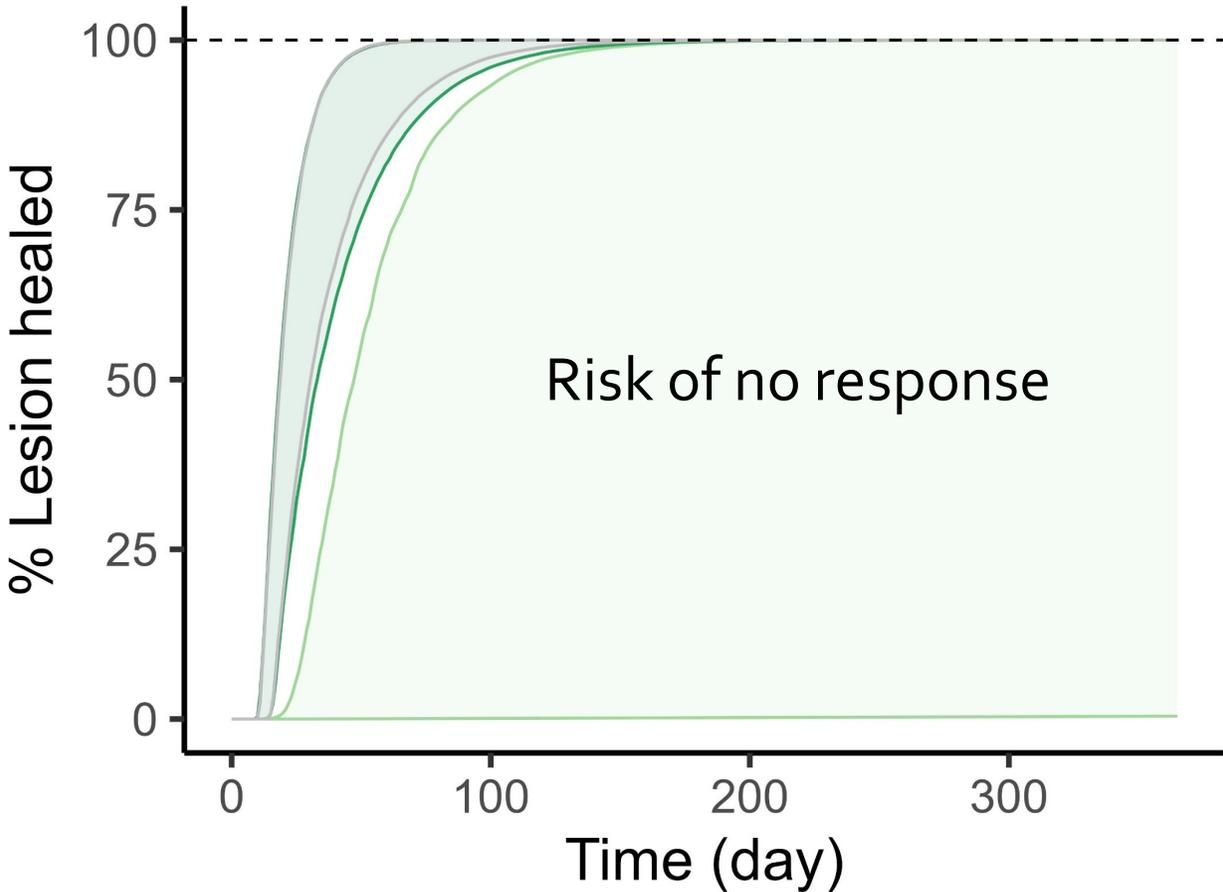
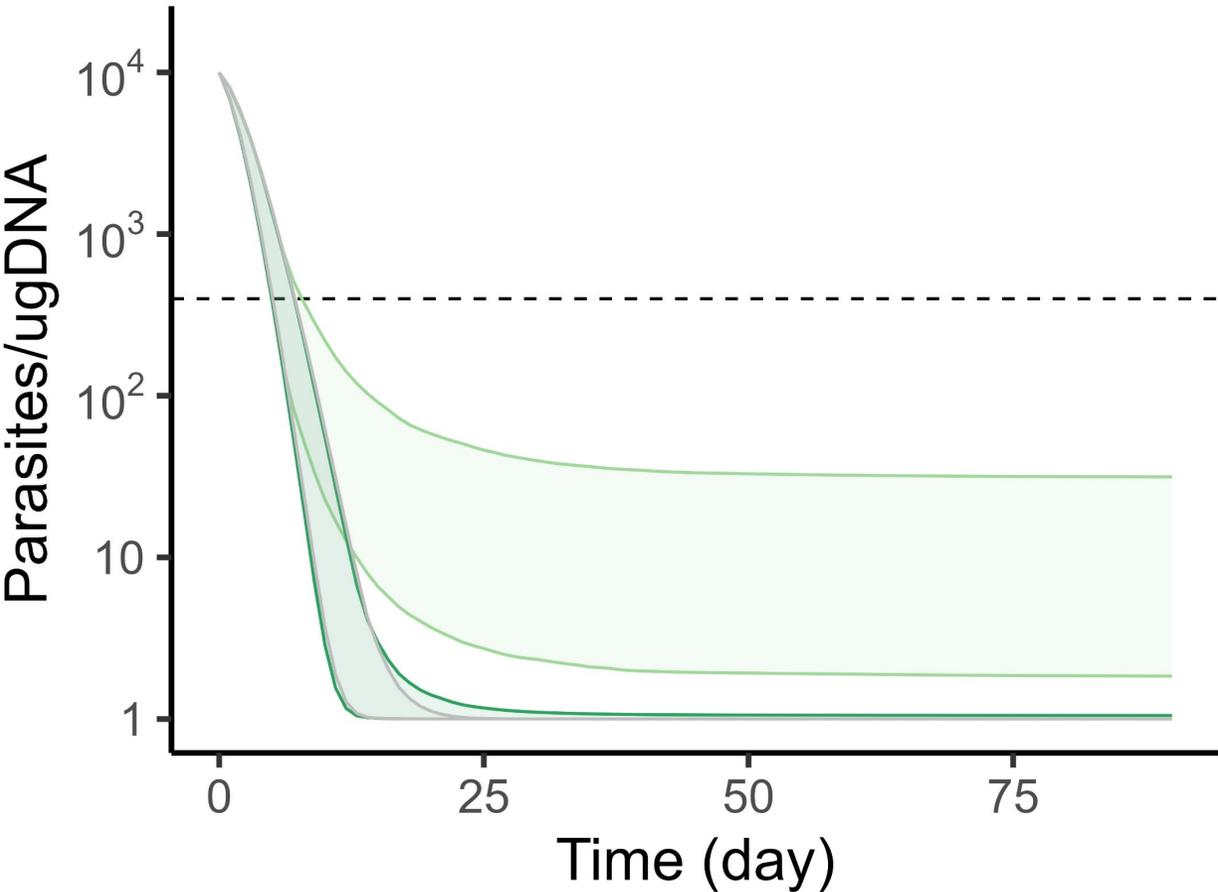
Treatment ■ Long ■ Short ■ Trial



# Simulation of a severe papular case in East Africa:

Size = 1000

Treatment █ Short-14D █ Short-7D █ Trial



# Conclusion

## Summary of geographical differences



Plasma miltefosine exposure

South Asia

>

East Africa



Skin miltefosine exposure

East Africa

>

South Asia



Miltefosine-induced parasite clearance

East Africa

>

South Asia



Lesion healing rate

Papular

>>>

Macular

(half-life)

(10 days)

(120 days)

# Potential treatment optimization



Trial regimens were adequate for preventing disease transmission

→ Shorten treatment in East Africa to 14 days



Correlation between parasite load and lesion healing:

**East Africa: PK → Parasite → Lesion**

**South Asia: PK → Parasite ? Lesion**

→ Parasite load as a potential marker for efficacy endpoint in South Asia

# Acknowledgement

- **Patients involved in the clinical studies, their families and communities**
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**THANKS  
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