Translational PK M&S for the assessment of duration of contraceptive cover after use of miltefosine for the treatment of visceral leishmaniasis

Thomas Dorlo, Manica Balasegaram, Nines Lima, Peter de Vries, Jos Beijnen, Alwin Huitema



Visceral Leishmaniasis (VL)

- Neglected tropical disease
- Poor rural areas India & Sudan
- Intracellular parasite within macrophages





Figure: Desjeux, Nature Rev Microbiol (2004) [1] Dorlo et al, AAC (2008) [2] Dorlo et al, AAC (2012)

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Miltefosine

- Only **oral** drug currently available for VL
- Monotherapy regimen:
 - 2.5 mg/kg for 28 days
- Extremely long elimination half-life
 - t½: first 5-7 days and terminal of 31 days^[1,2]

• Shorter combination regimens under development

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Reproductive toxicity of miltefosine

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- Toxicity: GI-related & reproductive toxicity
- Feto- & embryotoxicity rabbits & rats teratogenicity rats only (≥ 1.2 mg/kg/day for 10 days during gestation)^[1]

[1] Paladin Labs/WHO, Application Essential Medicine List (2010)
[2] Sindermann et al, TRSTMH (2003)
[3] WHO TRS 949 (2011)
[4] Dorlo et al, Antimicrob Agents Chemother (2008)

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- Guidelines: **2 or 3 months post-treatment contraception** for women of child-bearing potential on 28-day regimen^[2,3]
- But miltefosine can be detected until 5 months posttreatment?^[4]

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- Guidelines: 2 or 3 months post-treatment contraception for women of child-bearing potential on 28-day regimen^[2,3]
- But miltefosine can be detected until 5 months posttreatment?^[4]
- Ethical dilemma: Costs & adherence vs risk malformation

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Aim & approach

Dose conversion from animal teratogenicity studies (NOAEL)

Human Equivalent Dosage (HED)

Human Equivalent Exposure (HEE)

Suggest rational & optimal durations of post-treatment contraceptive cover

Population PK model

Developed based on PK data from Indian children (9-25 kg), Indian adults (25-48 kg) & European adults (60-105 kg)^[1,2]

Fat-free mass (FFM) & fixed allometric scaling



PK Parameter		Estimate	RSE	BSV
$\Delta h = c + c + c + c + c + c + c + c + c + c$	11	0.446		10.20/
Absorption (K _a)	n -	0.416	(11.5%)	18.2%
Clearance (CL/F)	L/day	3.99	(3.5%)	32.1%
Central compart (V_2/F)	L	40.1	(4.5%)	34.1%
Periph compart (V_3/F)	L	1.75	(18.3%)	NE
Intercompart. Clearance (Q/F)	L/day	0.0375	(8.2%)	NE
Residual variability	%	34.3	(3.7%)	NE

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Anthropometric data

- Collected at MSF hospital in Bihar, India
- Total of 2247 VL patients

ospital in Bihar, India tients



Median value (IQR)
25 (16-31)
38 (34–42)
148 (144–152)
17.3 (15.8–18.8)
27.1 (24.6–29.5)







Monte Carlo PK simulations for Indian females



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Dose conversion: animal to human

- Rat reproductive NOAEL: 0.6 mg/kg for 10 days^[1]
- BSA normalisation^[2,3] & total dose

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- Rat reproductive NOAEL: 0.6 mg/kg for 10 days^[1]
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- Human equivalent dose (HED):

0.6 mg/kg for 10 days in rat = 6 mg/kg total in rat = 36 mg/m² in rat = **45 mg total HED** Dose conversion: reproductive safety threshold exposure limit

- Monte Carlo simulations of **HED** in 465 Indian female VL patients:
 - Median AUC_{0-∞} (90% PI): 245 μg·day/mL (140 467)
- Species-specific **sensitivity** to reproductive toxity?

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- Monte Carlo simulations of **HED** in 465 Indian female VL patients:
 - **Median AUC_{0-∞} (90% PI):** 245 µg·day/mL (140 467)
- Species-specific **sensitivity** to reproductive toxity?
- Animal-to-human safety factor of 10^[1,2,3]
- Final human threshold exposure limit: 24.5 µg·day/mL

Post-treatment contraceptive cover of 1, 2, 3 and 4 months



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Simulations: Exposure post-EOC

Monte Carlo simulations *n* = 465 females (500x)



PI: prediction interval; EOC: end of contraception

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Monte Carlo simulations *n* = 465 *females* (500*x*)



PI: prediction interval; EOC: end of contraception

Comparison to the exposure threshold limit:

	Probability of exposure above the reproductive safety threshold exposure limit for the indicated number of months on contraception after EOT			
Miltefosine regimen	1 month	2 months	3 months	4 months
5 days 7 days 10 days 28 days	4.3% 18.2% 54.6% 93.6%	<0.1% <0.1% 0.198% 5 42%	<0.1% <0.1% <0.1%	<0.1% <0.1% <0.1%

EOT, end of therapy.

Interpretation

- Incidence of **congenital malformation (CM)**
 - India: 0.2-3.6% limited evidence^[1]
 - Europe: 2.44%^[2]
- Approx 1/10th of CM due to environmental factors^[3]
- Probability of exposure above chosen threshold should be less than CM-incidence due to environmental factors
 < 1/10th of 2.44%

Probability of exposure above the reproductive safety threshold exposure limit for the indicated number of months on contraception after EOT

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Longer than current guidelines, but shorter than approach based on LLOQ (>5 months)

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Discussion:

Teratogenic risk management

Other examples:

- Isotretinoïn
 - Endogenous levels Vit A
- Ribavirin
 - Turnover-time erythrocytes (site accumulation)
- Leflunomide
 - Based on undetectability (LLOQ!)^[1]

Concentration-effect relationship?

[1] Brent RL. Teratology (2001)

Discussion:

Limitations of our study

- Reproductive tox studies in small set of animals
- Animal-to-human dose conversion
 - Similar PK in animals (mouse, rat, dog, human)
 - Distribution into cell membranes
 - No evidence interspecies metabolic differences
- → Animal-to-human safety factor (10x)

Conclusion

- M&S:
 - → Simulate PK in a **unique & vulnerable population**
 - →Non-parametric probability estimations with full variability
- More rational teratogenic risk management
- Contraceptive cover recommendations:
 - 4 months for miltefosine monotherapy (e.g. oral or intra-uterine)
 - 2 months for shorter combination regimens (e.g. depot medroxyprogesterone acetate)

Acknowledgements

<u>Slotervaart Hospital / the Netherlands Cancer Institute</u>

Dept. Pharmacy & Pharmacology Alwin Huitema Jos Beijnen

Academic Medical Center / University of Amsterdam Center for Tropical & Travel Medicine Peter de Vries

Drugs for Neglected Diseases initiative (DNDi) Geneva, Switzerland **Manica Balasegaram**

Médecins Sans Frontières Operational Center Barcelona-Athens Nines Lima

Field and capital teams in India Sakib Bursa, Avinash Sadashivaiah, Gaurab Mitra, Marta Gonzalez, Mattia Novella and Bjorn Nissen





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Paper

The full paper describing the work presented here was recently accepted for publication in Journal of Antimicrobial Chemotherapy:

Dorlo et al. Translational pharmacokinetic modelling and simulation for the assessment of duration of contraceptive use after treatment with miltefosine. **J. Antimicrob. Chemother.** (2012) doi: 10.1093/jac/dks164

http://jac.oxfordjournals.org/content/early/2012/05/10/jac.dks164 http://dx.doi.org/10.1093/jac/dks164